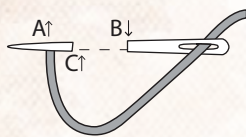


# Portuguese Knotted Stem Stitch

*This stitch is also known as the Portuguese Stitch or the Knotted Stem Stitch.*

①



1. Working from left to right, bring the needle and thread to the front at A. Take the needle down at B and up at C close to A. The working thread is below the needle. Pull the needle and thread through the fabric.

②



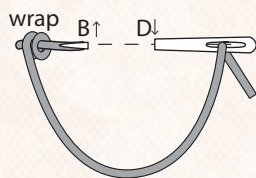
2. Slide the needle and thread under the AC stitch from bottom to top.

③



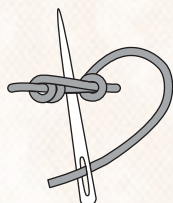
3. Slide the needle and thread under the AC stitch from bottom to top a second time and to the left of the first wrap.

④



4. Take the needle down at D and up at B with the working thread below the needle. (DB should be the same size as BC.)

⑤



5. Pull the needle and thread through the fabric. Hold the working thread up and to the right. Slide the needle from bottom to top under the new DB stitch and the previous Stem Stitch. Repeat a second time to the left of the first wrap around the DB stitch.



Continue working the length of the stitching line following Steps 4 and 5. End by taking the needle to the back under the last wrap.

*NOTE: Each succeeding Stem Stitch is made with the working thread below the needle. The two wraps around the Stem Stitch should be close together made with the working thread held up and to the right of the line of stitching.*