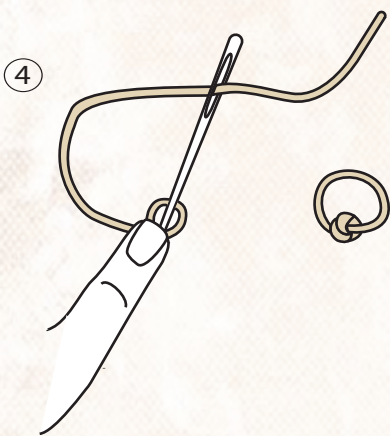
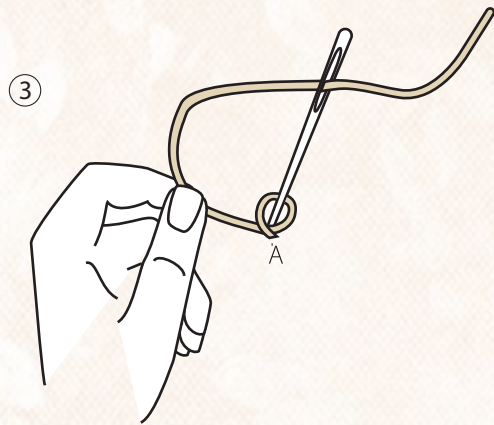
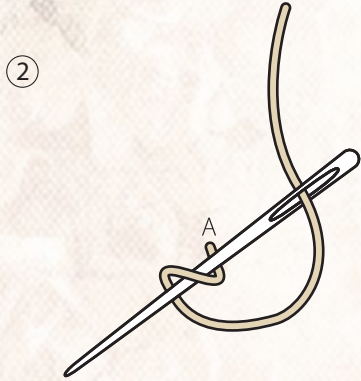
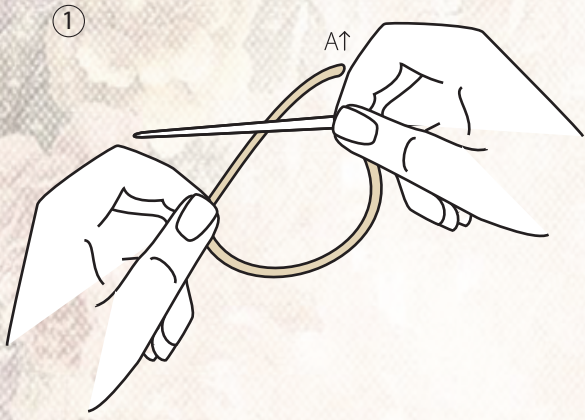


# Ring Knot

*This stitch is also known as the Knot Stitch, Chinese Knot, Peking Knot, Ring Embroidery, Forbidden Stitch, or Looped French Knot. It is best worked with stranded floss or silk floss and a Milliners needle.*

*The Ring Knot is a variation of the French Knot. It is worked like the French Knot, but the thread is loose on the last step to form rings.*



1. Bring the needle and thread to the front at A. Hold the thread with the left thumb and index finger approximately 2" down the working thread and to the left of A. Lay the needle on top of the thread.
2. With the left hand, loosely wrap the thread around the needle, over the top and around to the back.
3. Place the point of the needle into the fabric just above A. With the left hand, gently pull the working thread down onto the fabric forming a small loop above A.
4. Place the left thumb at the base of the loop to hold the shape of the loop. Take the needle and thread to the back. A knot is formed holding the loop in place.